

Building Bridges for Students' Success Social Emotional Health in Children



Brought to you by Olathe Elementary Counselors

November 8, 2018

Frontier Trail Middle School



Keynote Speaker - Tim DeWeese, Johnson County Mental Health - 6:00 p.m.

Most Pressing MH Issues in Johnson County

Before we talk about what can be done to best address the mental health issues within our community we must first understand our role in the problem and the impact it's having on our children. We need to understand the issues impacting our kids and their health such as; the pressure to succeed, social media, bullying, civility, inability to cope and the overwhelming epidemic of loneliness. Additionally, we have to realize the human cost of untreated or inadequately treated mental health conditions such as premature death, increased suicide, increased substance abuse, school failure, increased involvement with Law Enforcement, higher unemployment and family breakup.

The future is hopeful, mental illnesses and their devastating consequences are preventable. Research tells us that early intervention can positively change the mental health trajectories for children at risk of mental illness.

Break Out Sessions - Session 1: 6:50 p.m. - 7:20 p.m. Session 2: 7:25 p.m. - 7:55 p.m.

Krystal Atkinson, Carrie Skorupan & Katie Crabtree

Second Step

The Second Step social emotional learning curriculum is taught weekly by classroom teachers. Second Step teaches vital skills that directly contribute to student academic success; skills for learning, empathy, emotional management, friendship skills and problem solving. Please join us as we take you inside the classroom and equip you with tools and strategies to use at home with your child."

Rick Castillo

Safety and Security

The office of Safety and Security does everything in its power to ensure a safe learning environment within the Olathe Public Schools. During this presentation there will be a focus on the districts multi-layer approach to a crisis, crisis management in the building/ support from the district and how the students play a role in our Safe Schools community.

Lori Franklin

Social media and Cybersecurity

What's new with Social Media and the ways children access and use it? What can we do to stop children from becoming victims of cyberbullying? Find out in this session that also covers social media and cyber safety behaviors within the framework of developmental readiness. Learn about our youngest generations and how technology is infused in their lives.

Cassandra Wetzel

The Power of Grit

What's a key ingredient for happiness and success? Grit. Together we will explore ways you can instill grit to help your child be successful now and in the future. Let's get gritty!

Mitchell Cloud

"Wait, what did you say?"

Parents are full time problem solvers. Sometimes your student may tell you about their feelings or problems that you don't know how to solve or can't necessarily fix for them. This session will present multiple strategies on how to have crucial conversations with your student in an accepting, curious, and empathetic way.

Jessica Click

Mental Health and Nutrition

The correlation between mental health status and nutrition has recently generated a growing area of research. It sparks speculation and interest among parents and mental health professionals alike. While this area of interest is vast, we will specifically be exploring mood and behavior and its correlation with appropriate blood sugar regulation. Parents will also be equipped with practical approaches they can take to support their child's wellbeing with appropriate nutritional choices.

Kerry Josie

How Stress and Trauma Affect Relationships and Learning

Although very young, elementary school age children often have a significant amount of stress in their lives. Many have also experienced trauma. In this workshop you will learn how stress and trauma affect your child's ability to navigate relationships successfully and learn effectively in school. You will learn how you, as a parent, can help your child manage stress and recover from trauma.

Kristen Kepner

Talking to your child about Death: How to tackle the difficult topic of child grief with your young adolescent.

By this age, your child has probably been exposed to death and grief through movies, TV shows, books and through conversations with friends. However, if they haven't had to deal with it first hand, it can be a difficult topic to navigate. Understanding what your child might experience from a developmental and social stand point can be helpful as you try to help them deal with the loss of someone close to them. Children show grief in many different ways. Learn about different way that grief may impact your child and some ways that you can help them through this difficult process.

Janie Yannacito

How to Navigate Johnson County Mental Health

Have you ever wondered what supports Johnson County Mental Health has to offer? Do you need support in a specific area of mental health for your child or a family member? Come listen as Janie Yannacito, Director of Children and Family Services at Johnson County Mental Health, shares the process and steps of seeking help through Johnson County Mental Health as well as the services that may be provided to families in our area.

Online Registration

